

RULES

XXV International Nuptial Run – 15 km

Kolobrzeg 20.03.2011 / sunday / 12,00 o'clock

1.Organizers

Society „BIEG ZAŚLUBIN”
Town Hall of Kolobrzeg
Borough of Kolobrzeg
Medical School in Kolobrzeg
Town Center of Sport and Recreation in Kolobrzeg
United Europe Junior High School nr3 in Kolobrzeg
Students Sport Club 'Seven' from Junior High School nr3 in Kolobrzeg
Department of Green Works and the Protection of the Enviroment in Kolobrzegu
Vocational Training Workshop „Voca Train” in Kolobrzegu
Borough of Kolobrzeg Police Headquarters

2.Aim and presumptions of the run

The celebration of the 66th Anniversary of the Liberation of Kołobrzeg and The Marriage with the Sea Ceremony.

The popularization of running as a natural exercise.

The advertisement of healthy life style.

The promotion of Kolobrzeg.

3.The route of the run

Distance - 15 km , asphalt surface.

There will be two regeneration points at 5 and 10 km - warm tea and flat mineral water.

The start and the finish line is near the railway overpass at the Kasprowicz and Grottger intersection.

20.03.2011 /sunday/ 12,00 o'clock

4.Detailed program

08,00 - opening of the contest office

11,00 - closing of the starting list

11,45 - small celebration at the Nurse Statue , greetings of the contestants

12,00 - the start of the main run

13,00 - the Special Olympics start /accordingly to seperate rules/

14,30 - prizes for the winners of Special Olympics are given near the Nurse Statue

15,15- prizes for the winners of the open category and age categories are given ,
drawing of the souvenirs /the main run/ at the BANDSHELL

16,15 - closing of the contest office

5. Classification

General of men and women:

Men	Women
M16 16-19years (1995-92)	W16 16- 19years (1995-92)
M20 20-29years (1991-82)	W 20 20-29years (1991-82)
M30 30-39years (1981-72)	W 30 30-39years (1981-72)
M40 40-49years (1971-62)	W 40 40-49years (1971-62)
M50 50-59years (1961-52)	W 50 50-59years (1961-52)
M60 60-69years (1951-42)	W 60 60-69years (1951-42)
M70 70-79years (1941-32)	W 70 70- 79years (1941-32)
M80 80years+ (1931 and older)	
M of The Polish Army and Uniform Service	
M + W Married Category	

- disabled - lower limb amputations, upper amputations, sand-blind and other - we provide souvenirs

The Men 60-69 Category dedicated to the first organizer of 16 Nupital Runs Witold Janowski

III Kolobrzeg and the Borough of Kolobrzeg Championship for 15km

M 16 – 39years (1995- 72)	W 16 – 39years (1995-72)
M 40 - 49years (1971- 62)	W 40+(1971 and more)
M 50 - 59years (1961-52)	
M 60years+ (1951 and more)	

6. Prizes

Men - general classification I-VI places

Women - general classification I-IV places

Contestants will receive cups

Money prizes will be given accordingly to separate rules

In age categories M and W I-III places - cups and diplomas

Cup for the oldest contestant

Souvenirs for finishing 24 and 25 runs/3 contestants/

All contestants who finish the run will receive a souvenir medal and a diploma

Kolobrzeg Championship

Men - general classification I - III places

Women - general classification I- III places

Contestants will receive cups

Money prizes will be given accordingly to separate rules

In age categories M and W I-III places - cups and diplomas

7. Participation

Only contestants who will be 16 before 20th March 2011 will be allowed to participate:

-will register and authenticate at the contest office

-will submit a doctors certificate that says he/she is allowed to participate in a long distance run or will submit a signed declaration that says he/she agrees to participate on his/her own responsibility (law : Dz.U.nr 101 poz.1095 z dn.12.09.2001)

Attention!

Participation of underage contestants is conditioned by the presence of a parent or a legal care-taker(with a pictured ID) at the moment of registering and authenticating at the contest office or the submission of a declaration allowowing him/her to participate in a long distance run signed by a parent or a legal car-taker with a personal indentity number.

The reception of a starting number means that the contestant agrees with these rules. All contestants must make themselves familiar with these rules and are obligated to act accordingly

8.Financial Affairs

The organizers take full responsibility for the financing of the run. Personal costs are the responsibility of contestants or the delegation organizations. All contestants have to pay a starting fee:

Payments due to:	Amount
15.03.2011	20 pln
16.03.- 19.03.2011	30 pln
20.03.2011	40 pln

Retirees and the founding members of the Nupital Run Society are excluded from the fee
The fee is to be transfered to the organizer:

**Stowarzyszenie BIEG ZAŚLUBIN Kołobrzeg(Nupital Run Society)
Kniewskiego street 15/7
78-100 Kołobrzeg**

**Account: PekaO S.A. 57 1240 6508 1111 0000 5413 1484 + note : 25th Nupital Run,
Full name and date of birth.**

In the case of transferring money a contestant is required to submit a certificate of transfer with an ID.

9.Application

Applications must be sent via mail or email to the oragnizer's address before 18.03.2011.

Organizer's Address:
Stowarzyszenie Biegu Zaślubin
ul.Kniewskiego 15/7
78-100 Kołobrzeg
Tel/fax. 94 3540689 e-mail biegzaslubin@gmail.com,

website www.bieg.kolobrzeg.pl

mobile phone number - 605661480 .

In the case of a mail application - it should contain:

Full name,

Full address,

Representation, ex. a sports club

Date of birth

or at the website www.maratonympolskie.pl before 18.03.2011.

The submission of a filled out application form and paying the starting fee is considered a full application.

In the case of an internet application the contestant will have to give his/her signature at the contest office while registering and authenticating, the contestant will be required to submit a certificate of payment/transfer.

10.Various

1.The secretariat is open from 17,00 - 22,00 on 19.03.2011./saturday/ tel.943522120 and on the day of the event 20.03.2011 from 8,00 – until the end of the event

2.Accommodation of the contestants of the XXIV Nuptial Run the organizer takes reservations for 19.03./ 20.03.2011.

- at the Medical School in Kolobrzeg dormitory Grottgera 11 street - cost: about 30 pln

- at the gymnasium of the United Europe Junior High School nr3 in Kolobrzeg - Okopowa 1a street - own sleeping bag etc. required - free of charge.

4.Accommodation referrals will be given on 19:03.2011 from 17-22 at the run secretariat.

5.Starting numbers will be given after submitting the certificate of payment and health declaration allowing the participation in a long distance run

6.The signing of the application form is equal to a legal contract between the organizer and the contestant

7.The organizer provides washrooms at the Medical School in Kolobrzeg, Grottgera 11 street

8.Contestants on wheelchairs are not included in the run

9.The organizer provides electronic time measurement - rented chip is to be attached to the ankle and return after the run

11.Conclusion

The organizer provides health care during the event.

The organizer provides tea, natural spring water and pea soup.

All contestants will be insured.

The run will take place regardless of the weather.

All contestants have the right to put forward a formal complaint to judges committee after paying a deposit of 100 pln. In the case of a false complaint the deposit is given to a charity.

All contestants taking part in the main run must have a starting number.

The interpretation of these rules are the sole privilege of the organizer.

ORGANIZER